



Abisko – Wood heated sauna by Torneträsk

Our wood heated sauna sits on the banks of lake Torneträsk. Here you can let your eyes gaze at the magnificent surroundings and here you can let your spirit fly free.

At lake Torneträsk you are surrounded by endless mountains and crystal-clear waters. The walk down to the sauna takes approximately 20 minutes and takes you through a beautiful mountain birch forest. The combination of a really good wood heated sauna and crystal-clear cold water will give you a genuine nordic experience, a true sauna of the north. During the summer the lake is open for a swim and when the conditions are right in the winter we will make an hole in the ice for your true nordic dip.

Information	
Meeting point	STF Abisko Turiststation at 3.30 p.m. (the sauna is ready at 4.00 p.m.)
Finale	STF Abisko Turiststation at 6.00 p.m.
Good to know	You need to pick up the key to the sauna from the reception before heading down to the lake. The hike down to the sauna is 1 km and takes around 20 minutes.
Included in your package	
Warm sauna	Our staff will pre-heat the sauna for you, so it is good to go when you arrive. There will be lots of wood for you to keep the fire going after you arrive.
Towels	There will be towels on site for everyone in your group.
Cleaning	Once you are done in the sauna, we will take care of the cleaning.
Booking conditions	Cancellation can be made up to 7 days before arrival, after that no refunds will be made.

Getting here

The easiest way to get to Abisko is by train. STF Abisko Turiststation has its own train station!

You can also fly to Kiruna, and from there take a bus or the train out to Abisko.

For more information on travel alternatives to Abisko, please visit:

<https://www.swedishtouristassociation.com/facilities/stf-abisko-mountain-station/directions/>

Questions?

If you have any further questions, do not hesitate to contact us!

Booking Office:

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STF Abisko Turiststation:

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