



Kårsavagge Selfguided

This hike takes you to the beautiful Kårsavagge valley. Food and accommodation are pre-booked and all you must do is enjoy your time in the Swedish mountains. At arrival in STF Abisko Turiststation we recommend that you visit the mountain information to speak to a guide about the hike. The guide can tell you all about the hike and your stay in Abisko, take this chance to ask all questions that you might have. Before going to bed you get the chance to enjoy a three-course dinner at Restaurant Kungsleden with a spectacular view of Lake Torneträsk and the surrounding mountains. After a big mountain style breakfast, you can hop on the chairlift that takes you to the Aurora Sky Station. From there the hike starts, down along the mountainside into the Kårsavagge valley. Once you reach the Kårsavagge huts you spend the night there in a cosy small hut with beautiful surroundings. On day three the beautiful hike back to Abisko Turiststation awaits.

Information	
Price	1895 SEK (STF Member) 2395 SEK (Non-member price)
Meeting point	STF Abisko Turiststation
Finale (time/place)	After checking out at STF Abisko Turiststation
Minimum age	18 years, children and teenagers younger than 18 years must be in the company of adults.
Experience	Good physical condition, be able to hike 15 kilometers per day, two days in a row with a backpack.
Included in your package	
Accommodation	One night in a shared dorm room in our youth hostel Keron or in a private hotel room in Abisko Turiststation, one night in the Kårsavagge mountain hut (shared dorm)
Meals	Three-course dinner in Restaurant Kungsleden on the arrival day. Breakfast buffet in Restaurant Kungsleden on day 2. Packed lunch on day 2. No meals included in Kårsavagge.
Transportation	Chairlift ride to Aurora Sky Station

Preliminary Programme
<p>Day 1: We recommend that you visit the mountain information and speak to a guide about the hike. When all your questions have been answered and you feel ready for the hike you can visit Restaurant Kungsleden for a three-course meal.</p> <p>Day 2: After breakfast and with a packed lunch in your backpack you walk over to the chairlift and ride up to Aurora Sky Station. From there you can follow the trail “Glidaren” along the mountain side down into the Kårsavagge valley. This trail has a magnificent view of the Abisko valley and the surrounding Abisko Alps. Once you reach the valley floor you follow a marked trail deeper into Kårsavagge until you reach the Kårsavagge mountain hut. There you can decide if you want to relax and enjoy the beautiful surroundings for the rest of the day, or go explore the area, you might even to the hike to the Kårsa glacier, at the far end of the valley.</p> <p>Day 3: Time to lace up your hiking boots again and start hiking back to Abisko Turiststation. Even though you follow the same trail as yesterday for the first leg of the hike, it feels like a completely different trail when facing east instead of west. Once you reach the place where “Glidaren” connected with the valley floor, instead of going back up on the mountain you follow the trail downhill to the Abiskojojka river. Then you turn north and walk the last few kilometres along the river to Abisko Turiststation.</p>

Equipment list	
Recommended equipment	<ul style="list-style-type: none"> • Travel sheet or lightweight sleeping bag • Thermos, foldable cup and spork • Water bottle • Backpack for hiking, around 60 L • Personal hygiene (including travel towel and soap) • Toilet paper, waste bag, matches • Compeed and other first aid for chafing • First Aid kit • Compass • Sit pad • Anti-repellent and mosquito hat • Sunprotective creme • Snacks • Cap or sunhat • Sunglasses • Hiking boots • Woolen socks, thin and thick • Underliner, preferably woolen • Gloves, hat, buff • Wool or fleece jacket • Rainwear or shell clothing (both jacket and pants) <p>Be careful not to use cotton since it cools when wet. Wool or synthetics are much better for hiking.</p> <p>Remember - light is right!</p> <p>The midnight sun does not shine all summer long, but it is daylight 24 hours a day during late May until end of July. In August and September, bring a small torch or a headlamp.</p>
Nice to have	<ul style="list-style-type: none"> • Shorts and t-shirt if the weather looks promising • Binoculars • Indoor slippers • Camera • Hiking poles
Rental in Abisko	<p>If you need to rent some equipment you can do that in the shop at Abisko Turiststation. For more information about what's available, prices and how to book please visit; https://www.swedishtouristassociation.com/facilities/stf-abisko-mountain-station/store-rental/</p>

Getting here

The easiest way to get to Abisko is by train. STF Abisko Turiststation has its own train station!

You can also fly to Kiruna, and from there take a bus or the train out to Abisko.

For more information about travel alternatives to Abisko, visit:

<https://www.swedishtouristassociation.com/facilities/stf-abisko-mountain-station/directions/>

Questions?

If you have any further questions, do not hesitate to contact us!

Booking Office:

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