



Kvikkjokk – Saltoluokta together with guide

First time hiking in the Swedish mountains and do not know how? This might be the hike for you. Come along and hike the beautiful Kungsleden between Kvikkjokk and Saltoluokta. Together with an experienced guide and newly found hiking friends you will get all needed knowledge on how to travel by foot in the Swedish mountains.

| INFORMATION | |
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| Venue | STF Kvikkjokk Fjällstation |
| First gathering (time/place) | STF Kvikkjokk Fjällstation, Start at 09.30pm Day 1 according to the following program. |
| Finale (time/place) | After breakfast at Saltoluokta mountain station on the day of departure |
| Number of participants | Minimum 6 / Maximum 10 |
| Minimum age | 18 years |
| For whom? | For you who want to experience one of the most beautiful parts of Kungsleden. And at the same time learn what it takes to plan a hike in the Swedish mountains. |
| Experience | Being able to hike approximately 15-20km while carrying 10-15kg. |

| Included in the price | |
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| Accommodation | <p>Bed in multi-bedroom in Saltoluokta Fjällstation Bed in multi-bedroom Pårtse, Aktse och Sitojaure</p> <p>Note! Accommodation at STF Kvikkjokk Mountain station is not included in the tour, but can be booked here. We suggest you book one day before Day 1 according to this program.</p> |
| Meals | <p>Full board from lunch on day of departure from Kvikkjokk (Day 1) to breakfast on day of departure from Saltoluokta (Day 6).</p> <p>Meals in the cabins will be of a simpler nature and prepared together. Meals at Kvikkjokks Mountain station can be booked at info@kvikkjokkfjallstation.se.</p> <p>Meat served at Saltoluokta Mountain station are either reindeer or moose. Most of the fish are fished locally. We offer vegan and vegetarian options. If you or someone in the party has allergies or special diets, please state these before arrival to saltoluokta@stfturist.se.</p> |
| Transportation | <p>Included transportation:</p> <ul style="list-style-type: none"> - Boat Laitaure – Aktse - Boat Svine – Sitojaure - Boat Saltoluokta – Kebnats <p>Transportation to STF Kvikkjokk and from STF Saltoluokta is not included.</p> |
| Guide | Guide with good local knowledge of the area |
| Other | <p>The program can be changed due to weather or any other unforeseen events.</p> <p>Cancellation can be made 30 days before arrival. Thereafter, no refunds. The tour can be cancelled if the minimum number of participants have not been met.</p> |

Preliminary program

Note! Day 1 is the day we leave Kvikkjokk Mountain station, i.e. 5/7 or 30/8 depending on chosen day of departure. It may be a good idea to consider arriving one day before the start date.

Day 1:

We gather after breakfast at Kvikkjokk Mountain station (~09.30). Presentation of the week and have a final check of the equipment/packing if there are any questions. Briefly after that we start our trek to Saltoluokta and our first stop is at Pårte mountain cabin. First day of hiking varies between gravel road and trails. In Pårte you will learn how it is to stay in the cabins along Kungsleden. We cook food and have a look at the following day

Day 2:

We start off the day on easy trails. After approximately 3km begins today's steep climb. At the top you are rewarded with beautiful views over the mountain Tjahkelij and the lake Tjaktjajávrrre. At the lake Laitaure we travel by boat to the northern shore where we spend the night at the cabin Aktse. Here at Aktse you have the possibility using the sauna.

Day 3:

On the northern side of the Rapa valley outlet, the majestic mountain Skierffe towers. We pack for a day-hike and our plan is to reach the summit of the very same mountain. After a sizable amount of meter climbed, we hopefully reach the summit. Thereafter we start the decent back to the cabin for some food and relaxation.

Day 4:

Today's leg is shorter than previous days, although the day starts with a steep climb. At the heights point you have a beautiful view over the lake Sitojaure, which is the destination of the day. During the todays hike we practice navigation with compass and map. At Svine, southern shore of Sitojaure, we get a boat ride over the lake.

Day 5:

WE continue north in the valley of Ávtsujvágges. After a week with many new experiences and new friends we reach the destination of Saltoluokta Mountain station. Here you can enjoy a shower, sauna and a two-course dinner.

Day 6:

Our week together has come to its end. We say our good-byes and maybe we start planning for the next hike.

Equipment

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| Equipment included | No personal equipment is included in the hike |
| Recommended equipment | <ul style="list-style-type: none"> Traveling sheet and linen for the nights in the cabin |

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| | <ul style="list-style-type: none"> • Thermos, mug, cutlery and water bottle • Rucksack for hiking, about 60L • Hygiene articles (including traveling towel and soap) • Toilet paper, matches and a garbage bag for litter • First aid • Abrasion patches and sun protection (at least spf15) • Seat pad to sit on. • Mosquito repellent and mosquito hat. • Snacks • Hat/sunhat and sunglasses • Hiking boots, waterproof and robust. Preferably with removable inner sole, easier to dry. • Thinn and thicker wool socks, multiple sets • Base layer in wool or synthetics • Gloves/liners, hat, buff • Sweater in wool or fleece • Shell clothing/waterproof jacket and pant • Headlamp • Change of clothes to Saltoluokta <p>Avoid clothes in cotton, as cotton cools when it is damp or wet. Clothes in wool and synthetics is a far better choice. Wool isolates and evaporates heat during activity and rest. In most cases you need less exchanges than you think.</p> |
| Good to bring | <ul style="list-style-type: none"> • Slippers/sandals • Shorts and t-shirt for warm weather • Map and compass • Binoculars and Camera • Hiking poles |
| Rental of equipment | <p>In our shop/rental you can buy/rent equipment that you miss. We rent equipment for both summer and winter trips. Read more about our range in tore and rental here.</p> |

About the area

Saltoluokta mountain station is located on the border of the large national parks Stora Sjöfallet/Stour Mourkke, Sarek and UNESCO world heritage Laponia. Here are fantastic conditions for new discoveries in old pine- and birch forest and for nice trips in the Swedish mountains.

We actively work not to expose nature to wear and tear. We also work closely with local suppliers and consider to the specific conditions in the area.

Dogs are not allowed on our guided events, but most welcome to the mountains station if you want to make your own trip to Saltoluokta.

Saltoluokta mountain station was built in 1912 and the current main building is a timbered wooden building from 1918. Even today, we use some of the original furniture in the dining room and living room and we let open fires warm and spread the good atmosphere in the house.

We have Wi-Fi, which you can happily use – although it is not the fastest!
There is decent mobile coverage near Saltoluokta. Limited connection along the Kungsleden.

Getting here

We recommend environment friendly travel. We advise you to book bus and train on the same ticket, as you then travel guarantee in case the bus/train is delayed.

Travel to Kvikkjokk:

From Stockholm/Gothenburg there are daily departures by train to Murjek. In Murjek there are a connecting buss 94 to Kvikkjokk church.

Travel from Saltoluokta:

We schedule our departures by boat in the summer to match the connecting bus from Gällivare/Ritsem. In Kebnats bus 93 connects to Gällivare. From Gällivare there are daily departures to Stockholm and Gothenburg.

Further information how to get to Saltoluokta can be read [here](#).

Questions

[Here](#) you find answers to our frequently asked questions. Did not find what you are looking for? Do not hesitate to contact us!

Booking:

bokningen@stfturist.se

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