



## Abisko – Try Nordic backcountry skiing

**Try out skiing on sparkling cold mid-winter snow or spring's very first snow crust, whilst we help you discover Abisko National Park.**

We familiarize ourselves with ski gear and learn basic techniques before we start skiing. Newly learned skills are soon put to the test as we skate-ski up steep slopes, glide across frozen lakes and keep our balance skiing downhill. The guide shows you some favorite spots and talks about the surroundings, Sami culture and wildlife as we ski back to the station.

Information	
Meeting point	STF Abisko Turiststation at 10.00 a.m.
Finale	STF Abisko Turiststation at 1.00 p.m.
Minimum age	12 years
Experience	You need no prior experience to participate in this activity.

Included in your package	
Snacks	Warm lingonberry juice and biscuits
Rental	Nordic backcountry skiing package (skis, boots and poles)
Guide	This tour is led by a guide certified according to the Swedish standard "Fjälledarnormen"
Other	The program can be changed due to challenging weather or other unforeseen events.  Cancellation can be made up to 14 days before arrival, after that no refunds will be made.
Bring	
Warm clothes	Wear clothes suitable to current weather conditions, and warm enough to keep you warm for 3 hours outdoors.

Getting here
<p>The easiest way to get to Abisko is by train. STF Abisko Turiststation has its own train station!</p> <p>You can also fly to Kiruna, and from there take a bus or the train out to Abisko.</p> <p>For more information on travel alternatives to Abisko, please visit:  <a href="https://www.swedishtouristassociation.com/facilities/stf-abisko-mountain-station/directions/">https://www.swedishtouristassociation.com/facilities/stf-abisko-mountain-station/directions/</a></p>

Questions?
<p>If you have any further questions, do not hesitate to contact us!</p> <p>Booking Office:            Email: <a href="mailto:bokningen@stfturist.se">bokningen@stfturist.se</a>            Phone number: +46 (0)10 190 2360</p> <p>STF Abisko Turiststation:            Email: <a href="mailto:abisko@stfturist.se">abisko@stfturist.se</a>            Phone number: +46 (0)10 190 2400</p>