



Kebnekaise - Guided tour South Summit (via the western trail)

Climbing Kebnekaise is something many people dream of doing. Join our guides on the western trail, an adventure that takes you across streams, slopes and spectacular views towards our common goal, the South Summit of Kebnekaise.

The western trail to the Southern Summit of Kebnekaise is a long and physically demanding day trip. The tour takes you through the beautiful Kitteldalen, past the impressive Tuolpagorni, up to the summit of Vierranvárri and down through Kaffedalen before finally reaching the top and Sweden's highest viewpoint!

The summit attempt takes approximately 11 hours to complete, depending on the conditions on the mountain.

INFORMATION ABOUT THE EVENT	
Meeting point	STF Kebnekaise Mountain Station
Meeting point (time/location)	IMPORTANT! Mandatory safety briefing the day before your attempt to the summit (The evening before the date)

	<p>in your booking confirmation/the evening before the selected date on the website).</p> <p>You must have completed the mandatory briefing to be able to participate in the tour.</p> <p>Day 1, Summit attempt (the date in your booking confirmation/selected booking date on the website): Exact starting time will be communicated during the safety briefing the evening before.</p>
Conclusion (time/location)	Upon return, around 6:00 PM at the mountain station.
Number of participants (min/max)	At least 4 participants for the tour to take place. Maximum of 30 participants.
Minimum age	18 years old without a guardian. 16 years old in the company of a guardian. Under 16 years old, you need to book a private guide, valid from the age of 12.
Previous experience	To participate in the guided summit tour, you should be in good physical condition, able to be active for 11 hours and should not have knee problems.
INCLUDED IN THE PRICE	
Accommodation	Not included
Meals	Lunch package is included
Guide	Guide from STF Kebnekaise Mountain Station
Additional information	<p>Cancellation can be made up to 7 days before arrival, after which no refund will be provided for the paid amount.</p> <p>If the activity does not reach the minimum number for implementation, it will be canceled at least 14 days in advance. Payment is accepted up to the minimum number.</p> <p>Cancellation due to adverse weather conditions or hazardous situations during the tour will not be refunded. If the tour is completely canceled, the full amount will be refunded except for 300 SEK, which is an administrative fee. The pace of the tour is set to allow reaching the summit and returning home without getting too tired or staying out too long in the mountains. Guests unable to maintain the pace will get turned back by the guide without a refund.</p> <p>A canceled tour is not automatically rescheduled for the next day. Please consult with our staff in the guide office for further instructions.</p>

	<p>If you plan to book dinner the same day as your tour, we recommend the latest dinner at 9:00 PM.</p> <p>If you have plan to have dinner the day before your summit attempt, we recommend booking dinner at 5:30PM or 9:00PM due to the mandatory summit briefing at 8:00PM.</p>
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PRELIMINARY PROGRAM

IMPORTANT! Mandatory briefing the day before your attempt to the summit (The evening before the date in your booking confirmation/the evening before the selected date on the website):

Meeting at 8:00 PM

Mandatory briefing for all participants. The guides will showcase your equipment and explain how the tour will proceed. The meeting usually lasts about 45 minutes.

Dag 1: Summit day

Start around 07:00 AM (this may vary depending on the number of groups going). If the weather is so poor that the guide deems it hopeless to reach the summit, you will be informed during breakfast. The summit tour is physically demanding, considering that you will be moving in alpine terrain for 11 hours. The pace is adapted to reach the summit and return before guests and guides become too tired.

If you want to test your fitness, you can do so on-site. Our summit test is designed to see if you can maintain the pace of 6 vertical meters per minute. The total time for the test is 40 minutes. Ask the staff in our rental where to find it.

EQUIPMENT

Included equipment	<ul style="list-style-type: none"> • Daypack • Safety equipment for ascending the Southern Summit. (crampons, harness, slings) • Hiking poles
Required and recommended equipment	<ul style="list-style-type: none"> • Rain gear/shell clothing (jacket, pants) • Hiking pants • Hat or alternatively, a buff/headband. Both are good to bring. • Two pairs of gloves, 1 warm pair and 1 thin pair • Baselayer (synthetic or wool) • Socks in wool or synthetic material • Insulated jacket (down or synthetic) • Fleece sweater or another mid-layer • Water bottles totaling at least 1.5 liters. In warm weather forecasts, the guide may require you to carry 2 liters of water. • Personal snacks you enjoy

	<ul style="list-style-type: none"> • Sunglasses • Hiking boots. Available for rent for those who don't have their own. The boots need to be stiff and provide ankle support (the sole should not bend). The guide may refuse a guest to join the tour if the boots are deemed inadequate.
Good to have	<ul style="list-style-type: none"> • Drybag • Termos • Sun screen • Hydration tablets. • Blister plasters. • Extra baselayer shirt. • Headlamp (later part of August and September)

RISKS AND INSURANCE DURING STF ACTIVITY

Kebnekaise – Guided tour to the Southern Summit is an activity where the participant moves through high alpine terrain. By participating in the activity, one exposes oneself to risk factors such as cold, rock fall, rocky and slippery terrain and fall from height. The guide is trained in wilderness first aid and strives to minimize potential risks during the activity. Participants should be aware of what they are exposing themselves to, and we require that participants have the correct equipment as per the table above and follow the directives given by the guide.

As a member of STF participating in an activity organized by STF, you are covered by an accident insurance that applies during the activity. The insurance also covers children in the member's company up to the year the child turns 15, leaders, and cabin hosts at STF.

Read more about accident insurance for STF activities [here](#).

ABOUT THE AREA

The high mountain area of Kebnekaise in the Kiruna Mountains is one of Sweden's highest mountain regions. For over 100 years, people have come here to climb Kebnekaise. Today, the area is known for both challenging and adventurous alpine experiences, as well as easily accessible tours.

The mountain station is located in remote terrain and can be reached through a 20 km journey, either by hiking or skiing, depending on the season. The starting point for your Kebnekaise adventure begins in Nikkaluokta, which is approximately a 1-hour drive or bus ride from Kiruna.

The mountain station offers full-service amenities, including a restaurant with a full bar, sauna, and service facilities for those who prefer to cook their own meals.

The guide office is there to provide you, as a guest, with a fantastic adventure or support if you choose to go on your own. We also offer the opportunity to rent equipment or obtain information about the area.

HOW TO GET HERE

We recommend environmentally friendly travel. From Stockholm/Göteborg, there are daily train departures to Kiruna with connecting buses to Nikkaluokta.

Nikkaluokta Express serves both Nikkaluokta Station and the train station.

[Nikkaluokta Express](#)

There is a 19 km hike between Nikkaluokta and Kebnekaise.

For more detailed travel information, click [here](#)

Did you know that as a member of STF, you enjoy discounted rates at all our accommodations. You also get discounts on travel with major train companies and car rentals. Read more [here](#).

QUESTIONS

If you have any questions, feel free to write or call us.

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