



## Kvikkjokk - Saltoluokta with a guide

Are you longing to hike in the mountains but unsure where to start? Would you like to experience staying in a mountain cabin and learn more about mountain hiking? Then this is the perfect event for you. Join us to hike the beautiful Kungsleden trail between Kvikkjokk and Saltoluokta. Led by our experienced guides, you'll meet new hiking friends and learn more about hiking and mountain safety.

Information	
Meeting place	STF Kvikkjokk Mountain Station
Gathering/Start (time/place)	STF Kvikkjokk Mountain Station, starting Day 2 after breakfast according to the program
End (time/place):	After breakfast at Saltoluokta Mountain Station on departure day
Participants (min/max):	Min 6 / Max 10
Minimum age:	18 years
For who:	For those wanting to experience one of Kungsleden's most beautiful stretches with a knowledgeable guide, while learning about hiking and mountain safety
Experience:	Good physical fitness. Able to hike stages about 20 km carrying around 15 kg

<b>Included in the price</b>	
Accommodation	Bed in a shared room at Kvikkjokk and Saltoluokta Mountain Stations, and in shared rooms at Pårte, Aktse, and Sitojaure
Meals	<p>Full meal plan from dinner on arrival day to breakfast on departure day. Meals in the mountain cabins will be simple and prepared together. Food will be shared among the group and carried collectively.</p> <p>All meat served at Saltoluokta Mountain Station's restaurant is wild game or reindeer. Fish is locally sourced whenever possible. We strive to use locally produced ingredients whenever feasible.</p> <p>We are happy to provide full vegan and vegetarian options. If you or anyone in your group has allergies or dietary requirements, please let us know before arrival at <a href="mailto:saltoluokta@stfturist.se">saltoluokta@stfturist.se</a>.</p>
Transport	<p>Local transport included:</p> <ul style="list-style-type: none"> <li>• Boat Lájtávrrre–Aktse</li> <li>• Boat Svijnne–Sitojaure</li> <li>• Boat Saltoluokta–Kebnats</li> </ul> <p>Travel to STF Kvikkjokk Mountain Station and from STF Saltoluokta Mountain Station is not included.</p>
Guide	Guide certified according to the Swedish standard Fjälledarnomen or equivalent
Other information	<p>The program is subject to change due to weather conditions or other unforeseen events.</p> <p>Cancellations can be made up to 30 days before arrival, after which no refund will be provided.</p> <p>If the event does not reach the minimum number of participants, it will be canceled at least 21 days before departure.</p>

<b>Preliminary program</b>
<p><b>Day 1:</b> Check-in at Kvikkjokk Mountain Station with a welcome dinner.</p> <p><b>Day 2:</b> Gathering after breakfast. Introduction to the week, equipment, and packing review if needed. Food is divided among the group. Shortly after, we start hiking toward Saltoluokta, with the first stop for overnight in the Pårte cabin. The trail begins in a large</p>

forest area on a wider gravel road/trail that transitions into smaller paths. In Pårte, you'll learn how a mountain cabin works. Dinner is prepared together, and we review the next day's stage.

**Day 3:** We start on trails in a forested area, followed by a steep ascent to the open mountains. Moving along the ridge, we pass Tjahkelij Mountain before descending back into the forest. At Lájtávrrre, we take a boat to the northern shore, reaching Aktse, where a wood-fired sauna awaits.

**Day 4:** North of the Rapa Valley outlet, the majestic Skierffe Mountain rises. We leave our large packs and attempt to reach the top of Skierffe. Afterward, we return to the cabin to cook and relax.

**Day 5:** A shorter day's hike, beginning with a steep ascent to the open mountain. From the trail's highest point, we look out over Lake Sitojaure, the destination. Using maps and compasses, we share navigation skills. The day ends with a boat trip across Sitojaure.

**Day 6:** We continue north into Ávtsusjvágges, and after a week of adventures, we reach Saltoluokta Mountain Station, where a well-deserved shower, sauna, and dinner in the restaurant await.

**Day 7:** Our week together is over. After breakfast, you are free to depart.

Equipment	
Equipment included	No personal equipment is included in the event.
Recommended equipment	<ul style="list-style-type: none"> <li>• Travel sheet, sheets, and pillowcase for when staying in the mountain cabins</li> <li>• Thermos, mug, spork, and water bottle</li> <li>• Hiking backpack, around 60L</li> <li>• Toiletries (including travel towel and small soap)</li> <li>• Toilet paper, matches, trash bag</li> <li>• First aid kit</li> <li>• Blister plasters and sunscreen (minimum SPF 15)</li> <li>• Sit pad</li> <li>• Insect repellent and insect hat</li> <li>• Snacks</li> <li>• Cap/sunhat and sunglasses</li> <li>• Sturdy, waterproof hiking boots, preferably with removable insoles for easier drying</li> <li>• Thin wool socks + thicker wool socks, multiple pairs</li> <li>• Base layers in wool or synthetic material</li> <li>• Light gloves, hat, buff</li> <li>• Mid-layer in wool or fleece</li> <li>• Shell or rain gear for outerwear</li> </ul>

	<ul style="list-style-type: none"> <li>• Headlamp/flashlight</li> <li>• Change of clothes for dinner at Saltoluokta Mountain Station</li> </ul> <p>Avoid cotton socks and cotton base layers, as they tend to make you cold when damp. Wool/wool fleece or synthetic materials are better. You usually need fewer clothes than you think. Pack light!</p>
Optional items	<ul style="list-style-type: none"> <li>• Indoor slippers/sandals</li> <li>• Shorts and T-shirt if it's expected to be warm</li> <li>• Map and compass</li> <li>• Binoculars and camera</li> <li>• Trekking poles</li> </ul>
Renting equipment	Equipment rental is available at the shop in Kvikkjokk.

### About the area

The Stora Sjöfallet/Stuor Muorkke, Sarek, and Padjelanta/Badjelánnda National Parks are part of the Lapponia World Heritage site, offering superb opportunities for discovery in the mountain birch forest and open mountain landscapes.

We actively work to minimize environmental impact, use local suppliers, and adapt to the area's specific conditions.

Dogs are not welcome during our guided weeks, but are very welcome at the mountain station if you want to plan your own tour here.

### Getting here

We recommend eco-friendly travel. Book bus and train on the same ticket for travel guarantees if delays occur.

**To Kvikkjokk:** Daily trains run from Stockholm/Gothenburg to Murjek, where bus 94 connects to Kvikkjokk Church.

**From Saltoluokta:** The boat always meets the bus. In Kebnats, the bus connects to Gällivare, with daily train departures to Stockholm/Gothenburg.

[Read more on how to reach Saltoluokta \[here\]](#). As an STF member, you receive discounts on many trainservices. [Read more here](#).

### Questions?

[Find the answer to frequently asked questions here.](#)

Booking:

[bokningen@stfturist.se](mailto:bokningen@stfturist.se)

010-190 23 60

STF Saltoluokta Mountain station:

[saltoluokta@stfturist.se](mailto:saltoluokta@stfturist.se)

010 – 190 23 50

[STF Saltoluokta Mountain Station](#)