



Abisko - Classic hikes with guide

Abisko is a hiker's paradise! Join us for a week with wonderful hikes in and around Abisko National Park. Let us show you our hidden gems and get to explore paths you might never hike on your own.

The guide will bring you to the paths less travelled and show you some hidden spots that you might not have found on your own. It will be a week filled with activities that starts with an introduction where the guide tells you all about the program, followed by a delicious three-course dinner in restaurant Kungsleden. The goal for the following days will be to learn about, discover and enjoy the hidden secrets of Abisko national park and its surrounding areas. After a big breakfast buffet and with a packed lunch we head out on the today's hike. Long days outside fills us with impressions and memories, and with sore and tired muscles we round the week off with an afternoon in the wood heated sauna by lake Torneträsk and a three-course dinner in restaurant Kungsleden.

The hikes average at 15 km long, with a backpack weighing 5-10 kg. We advise you to hike in hiking boots.

Information	
Meeting point	STF Abisko Turiststation
First gathering (time/place)	Arrival day at 5 pm in Abisko Turiststation
Finish (time/place)	After breakfast on day 6
Number of participants	Min 4/max 8
Minimum age	16 years (in company of a guardian)
For whom?	For you who wants to discover the hidden gems of Abisko, but at the same time sleep comfortably and eat well at Abisko turiststation
Experience	Good physical condition, be able to hike 16 km in one day.
Included in your package	
Accommodation	Accommodation in selected room type
Meals	A three-course dinner is included on the first and last night. Breakfast and lunch are included every day.
Transportation	Local transportation is included
Guide	Guide certified according to the Swedish standard Fjälledarnormen or equivalent
Other	The program can be changed due to challenging weather or other unforeseen events. Cancellation can be made up to 30 days before arrival, after that no refunds will be made. If the tour does not reach the minimum number of participants, it will be canceled 30 days before scheduled date

Preliminary program
<p>Day 1: Gather at Abisko turiststation at 5 pm for information about the week, this is also an opportunity to get answers to all questions you might have, and is followed by a three-course dinner in restaurant Kungsleden at Abisko turiststation.</p> <p>Day 2: We start this day's adventure with a short drive to Kärkevage. Today we will hike into the spectacular valley Kärkevage, through a landscape created by the last ice age. Eventually we reach the famous Trollsjön, the clearest lake in Sweden, where you can see 37 meters into the lake all the way to the bottom.</p> <p>Day 3: After breakfast we pack a lunch bag and bring that with us to the chairlift that will take us to STF Aurora Sky Station. From there we follow a trail called "Glidaren" that will take us down to Kårsavagge valley. This trail offers a spectacular view of the Abisko valley and all surrounding mountains. Eventually the trail comes down to the mountain birch forest and follows the river Abiskojojokka back to Abisko turiststation.</p>

Day 4: Today we start hiking south along the eastern brink of Abiskojokka. After 4 km we reach the crossing river Nissonjokk, we turn left and follow the moraine that after a while forms the Nissonjokk canyon. When we have reached the tree line, we locate a good spot to make lunch. The guide will make a fire and cook the lunch over the flames. On the way back we pass the hill “Báddosdievvá”, traditionally a place of sacrifice for the Sámi, where we get an amazing view of Lappporten and all the surrounding mountains.

Day 5: Today we once again start with taking the chairlift up on Mount Nuolja, to continue up to the top of the mountain where beautiful views in all directions will greet us. We will then continue to the trail down towards Björkliden, which is a bit steep in some places, but gives us a lovely scenery over the river Kåppasjokk as we descend. We follow the river all the way to Björkliden, where a car will be waiting to take us back home.

After this hike we round the week off in a wood heated sauna by lake Torneträsk, the perfect cure for tired and sore muscles. If you are brave you could go for a dip in the crystal clear but freezing cold waters of lake Torneträsk! We end the evening together, with a three-course dinner in restaurant Kungsleden.

Day 6: After breakfast, your stay in Abisko ends. Welcome back!

Equipment list	
Recommended equipment	<ul style="list-style-type: none"> • Hiking boots • Backpack for day hikes, 20-40 l • Base layer sweater and pants • Warm sweater or light jacket for breaks • Hiking pants • Waterproof jacket • Sunglasses • Cap/sun hat • Sunscreen • Thermos • Sitting pad • Cup and cutlery
Nice to have	<ul style="list-style-type: none"> • Shorts and t-shirt if the weather looks promising • Indoor slippers • Towel and swimsuit • Binoculars • Camera • Hiking poles
Rental in Abisko	<ul style="list-style-type: none"> • If you need to rent some equipment you can do that in the shop at Abisko Turiststation. For more information about what's available, prices and how to book please visit; https://www.swedishtouristassociation.com/facilities/stf-abisko-turiststation/shop/

Getting here

The easiest way to get to Abisko is by train. STF Abisko Turiststation has its own train station!

You can also fly to Kiruna, and from there take a bus or the train out to Abisko.

For more information about travel alternatives to Abisko, visit:

<https://www.svenskaturistforeningen.se/boende/stf-abisko-turiststation/>

Questions?

If you have any further questions, do not hesitate to contact us!

Booking Office:

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STF Abisko Turiststation:

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