



Kebnekaise – Alpine ski touring days

The Kebnekaise area, with its backdrop of four of Sweden's 2000-meter peaks, serves as the setting and playground for this adventure. Using climbing skins and crampons, we will attempt to tackle the best runs in the region. Enjoy the sauna and delicious food at STF Kebnekaise Mountain Station, which will serve as our base. Our experienced guides will ensure you experience all the highlights of the Kebnekaise area.

INFORMATION	
Meeting place	STF Kebnekaise Fjällstation (STF Kebnekaise Mountain station).
Starting (time/place)	3:00 PM at the Guide office, STF Kebnekaise Mountain Station.
Ending (time/place)	After breakfast on the day of departure, STF Kebnekaise Mountain Station.
Number of participants	Min 4 / max 12 participants.

Minimum Age	18 years
Target group	Those who want to experience great skiing but perhaps not the steepest runs. The focus is on good skiing and enjoyable tours.
Experience	Experienced off-piste skiers who can handle varied snow conditions and have good physical fitness.
INCLUDED IN THE PRICE	
Accommodation	<p>Bed in a shared bedrooms. There is an option to upgrade to a 2-bed, 4-bed, or private room.</p> <p>If you wish to upgrade your accommodation, please contact the booking department: E-mail: bokningen@stfturist.se</p>
Meals	<p>Full meal plan (breakfast, packed lunch, and dinner)</p> <p>If you or anyone in your group has allergies or special dietary requirements, please notify us before arrival at kebnekaise@stfturist.se.</p>
Transportation	Not included. Book through Nikkaluokta Alltransport
Guide	Certified Swedish mountain guide
Additional information	<p>The program may change due to current weather and snow conditions.</p> <p>Cancellations can be made up to 30 days before arrival; after that, no refund will be issued for the amount paid.</p> <p>If the minimum number of participants is not met, the event will be canceled at least 30 days in advance.</p> <p>The tour will be conducted in English if we have international guests.</p>

PRELIMINARY PROGRAM

Day 1 - Arrival Day

We gather at 3:00 PM at the guide office, where we will introduce ourselves, review the program, and distribute equipment for the coming days. If you need to rent equipment, we'll arrange that too. Afterward, there will be an avalanche clinic, so come prepared to be outdoors. Dinner is served at 7:00 PM.

Day 2

A full day out in the mountains, where we will tackle one of the classic runs around the mountain station.

Day 3

Second full day in the mountains. Our guides will take you to the best snow in the area.

Day 4

Last and final day on the mountain!

Day 5

After breakfast, you are free to leave or extend your stay to explore more tours in the area.

If the weather is bad, we have other fun activities planned. If skiing is not possible, we usually pack crampons and ice axes to go ice climbing or deepen our knowledge of avalanche safety and mountain security.

EQUIPMENT

Included Equipment	<ul style="list-style-type: none"> • Windsack (shared among the group) • First aid kit (carried by the guide)
What to bring yourself	<ul style="list-style-type: none"> • Shell clothing (unlined) is recommended • Hat (preferably two, one lighter or a headband, and one warmer) • Two pairs of gloves: a thinner, windproof pair for the ascent, and a warmer pair for the descent • Two sets of base layers (synthetic or wool) • Wool or synthetic socks, two to three pairs • Insulated jacket (down or synthetic) • Fleece sweater or other mid-layer • Sunglasses and goggles • Headlamp and extra batteries (AAA) • Thermos • Water bottle, with a capacity of at least 1–1.5 L (insulated is optimal) • Sunscreen and blister tape • Snacks of your choice
Good to have	<ul style="list-style-type: none"> • Camera • Insulated shorts – down or Primaloft shorts • Map and compass
Necessary ski equipment to carry out the event, most of it is available for rent.	<ul style="list-style-type: none"> • Randonné skis or Splitboard (Unfortunately we don't have Splitboard to rent. Crampons for skis is included when renting our equipment). • Ski boots with walking mode (required). • Helmet for skiing (required). • Avalanche equipment. Shovel, probe and transceiver (analogue transceiver is not allowed). • Backpack, 35-40 liter. • Crampons (available for rent for certain brands, Dynafit, ATK and Salomon Shift).

RISK FACTORS AND INSURANCE DURING STF ACTIVITIES

Kebnekaise – Summit touring days is an activity where participants travel through high alpine terrain. By taking part in this activity, participants expose themselves to risks such as cold, avalanches, falls from great heights, glacier falls, rock or snow slides, and glacier crevasses, among others. The guide is trained in wilderness first aid and will do their utmost to minimize any potential risks during the activity. However, participants should be aware of the risks they are taking and are required to have the correct equipment as outlined in the table above, as well as to follow all the guide's instructions.

As a member of STF, if you participate in an STF-organized activity, you are covered by an accident insurance policy that applies during the activity. The insurance also covers children in the company of a member up to and including the year they turn 15, as well as leaders and hut hosts at STF.

Read more about the accident insurance for STF activities on our website.

ABOUT THE AREA

The mountain region of Kebnekaise in the Kiruna mountains is one of Sweden's highest mountain areas. For over 100 years, people have come here to summit Kebnekaise. Today, the area is known for offering both challenging alpine adventures and accessible tours for semi-beginners, all in a unique environment unlike any other mountain facility.

The mountain station is located in a roadless area and can be reached via a 19 km journey, either by hiking or skiing, depending on the season. Your Kebnekaise adventure starts in Nikkaluokta, about a 1-hour drive or bus ride from Kiruna.

The mountain station offers full services, including a restaurant with a full bar, a sauna, and a service house for those who prefer to cook their own meals.

The guide office is available to provide guests with fantastic adventures, assist with equipment rentals, or offer information about the area for those who wish to explore on their own.

GETTING THERE

We recommend environmentally friendly travel. From Stockholm/Gothenburg, there are daily train departures to Kiruna with connecting buses to Nikkaluokta.

Nikkaluokta express operates between Nikkaluokta station and the train station.

<https://nikkaluoktaexpressen.se/>

Between Nikkaluokta and Kebnekaise, there is a 19 km winter trail.
Snowmobile transport can be booked via <http://nikkaluokta.com/>

Find more detailed travel information on our [website](#).

As an STF member, you are entitled to a [discount on various train services](#).

QUESTIONS AND CONCERNS?

If you have any questions, feel free to call or write to us.

STF Kebnekaise Mountain Station, Guide Office: kebnekaise.sport@stfturist.se

Booking:

Email: bokningen@stfturist.se

Phone: 010 190 23 60