



## Kebnekaise – First winter tent tour

**Perhaps you've done some summer hiking with a tent and are wondering what it takes to do similar trips during winter. We offer an exciting and educational tour in the area around Kebnekaise and Singi where you can experience everything from the comfort of a mountain station to open landscapes and expansive views in a tent.**

You will stay at a mountain station, mountain hut, and in a tent to find your way of exploring and enjoying the mountains in winter. This tour is suitable for those who have skied before, maybe even done some previous hut tours but want to learn more about winter camping and experience the Kebnekaise mountains in winter. Take the opportunity to experience the adventure that a winter tour in a tent offers, with guidance and coaching from experienced mountain leaders.

INFORMATION ABOUT THE EVENT	
Meeting point	STF Kebnekaise Fjällstation
Meeting point (time/location)	At 3:00pm Guide office, STF Kebnekaise Mountain Station
Conclusion (time/location)	After breakfast on the day of departure at STF Kebnekaise Mountain Station
Number of participants (min/max)	Min 6 / Max 10
Minimum age	18 years

For whom?	For those who want to learn more about what is needed to undertake their own winter adventures, both in a tent and in a mountain hut.
Previous experience	Good physique, able to be active for a whole day in an outdoors environment. You should have some experience with cross-/back country skiing and be familiar with the Swedish mountains. It's beneficial if you have participated in one of the First Mountain Tours in Saltoluokta or Storulvån, but it's not mandatory.
<b>INCLUDED IN THE PRICE</b>	
Accommodation	Bed in a shared multi-bed room for the first and last night at STF Kebnekaise Mountain Station. The second and third nights are spent in Singi Mountain Hut. The fourth night is spent in a tent
Meals	<p>Full meal plan from dinner on the day of arrival to breakfast on the day of departure.</p> <p>In the hut, we cook together and help with the chores. For the night spent in the tent, freeze-dried food is offered for dinner, as well as for breakfast and lunch the following day.</p> <p>If you or anyone in your group has allergies or special dietary requirements, please inform us before arrival at: <a href="mailto:Bokningen@stfturist.se">Bokningen@stfturist.se</a></p>
Transport	Not included. Book separately via <a href="#">Nikkaluokta Alltransport</a>
Guide	Mountain guide
Other information	<p>The program may change due to current weather and snow conditions.</p> <p>Cancellation can be made up to 30 days before arrival; after that, no refund will be given.</p> <p>If the event does not reach the minimum number of participants, it will be canceled at least 30 days in advance. The tour may be conducted in English if we have international guests.</p>

## PRELIMINARY PROGRAM

### Day 1: Day of arrival

Arrival day. Gather at 3:00pm (guide office) where the guides will introduce themselves to the group, go through information, and show the itinerary for the week. Distribution of communal equipment. If you need to rent skis, we will arrange that now (please pre-book ski packages via [kebnekaise.sport@stfturist.se](mailto:kebnekaise.sport@stfturist.se)). The guides will double-check vital equipment (sleeping bag, sleeping pad, insulated jacket, and thermos). Bring this equipment to the

initial meeting. At 7:00 PM, there will be a group dinner. Make sure to pack your equipment the night before departure to Singi Mountain Hut. What you do not need during the ski tour can be left at STF Kebnekaise mountain station.

## Day 2

We start the day with breakfast at Elsa's kitchen. After breakfast, we pack our equipment and load the pulks with necessary equipment and food. As soon as we are ready, we start skiing towards Singi Mountain Hut. Upon arrival at the hut, we get acquainted with it and together we cook dinner.

## Day 3

We take a shorter day tour in the area around Singi. In the afternoon, we go through winter camping, setting up the tent, and tips and tricks for staying comfortable in the tent. Back in the hut, we discuss winter safety and what is needed to plan, establish routines for winter camping, and undertake a winter adventure on your own. For those who wish, there is the opportunity to spend the night outdoors in a tent.

## Day 4

We prepare breakfast, pack up our equipment, and clean the mountain hut. After the morning chores, we ski to the campsite for the night. We take turns pulling the pulka and help each other to reach the campsite at the northwestern edge of Liddujávrrit. We set up camp and settle in for a night out. Hopefully, we will have a clear night to admire the starry sky of the Milky Way or the Aurora Borealis.

## Day 5

Hopefully, you had a good night. We prepare breakfast, dismantle our camp, and get ready to ski back to Kebnekaise Mountain Station where a shower and hot sauna awaits. In the evening, we have dinner in the restaurant and evaluate the week.

## Day 6

After breakfast, we conclude our week. If you plan to take a snowmobile back to Nikkaluokta, make sure to pre-book it before departure.

## EQUIPMENT

Included equipment	<ul style="list-style-type: none"> <li>• Expedition pulka</li> <li>• Tent</li> <li>• 75 L backpack for those not pulling a pulka</li> <li>• Sleeping pad, closed-cell foam (regular, non-inflatable)</li> <li>• 1 stove per tent group and fuel</li> <li>• Safety equipment (first aid kit and wind sack)</li> </ul>
Equipment we recommend	<ul style="list-style-type: none"> <li>• Shell clothing, unlined</li> <li>• Hat (preferably 3: one thinner or a headband and one warmer. A good tip is to have a separate hat for sleeping)</li> <li>• Minimum of two pairs of gloves. 1 pair of finger gloves for skiing and a thicker, warm expedition glove. Also,</li> </ul>

	<p>bring an extra thin liner, which is useful inside your warmer gloves if it gets cold</p> <ul style="list-style-type: none"> <li>• 3 base layer tops, 2 base layer bottoms (1 dry set for sleeping, 1 set for sweating with a change of top). Wool is preferred</li> <li>• Wool or synthetic socks, two to three pairs. Preferably a thicker, warmer pair for the tent.</li> <li>• Insulating jacket, a thick/large jacket that can be worn over other garments + a thinner one (down or synthetic)</li> <li>• Thermal pants/shorts (down or synthetic).</li> <li>• Buff or "tube." Multifunctional garment for protecting the head, face, neck, and neck.</li> <li>• Gaiters (available for rent)</li> <li>• Fleece jacket or another mid-layer</li> <li>• Sunglasses, goggles, sunscreen, and blister tape.</li> <li>• Headlamp</li> <li>• Extra batteries for the headlamp</li> <li>• Water bottle, you should be able to carry at least 1–1.5 L (insulated/thermos is optimal)</li> <li>• Your own favorite snacks</li> <li>• Sleeping bag, either two 3-season bags or one for winter season (required comfort temperature at least -15°C)</li> <li>• Your own inflatable sleeping pad with an R-value &gt;3.</li> <li>• Mug and spork (a food thermos can also work)</li> </ul>
Nice to have	<ul style="list-style-type: none"> <li>• Down slippers, "camp slippers."</li> <li>• Moisture barrier for feet, either purpose-designed socks or a suitable plastic bag</li> <li>• Earplugs (if it is windy, they are quite nice to have when sleeping)</li> <li>• Waterproof packing bags</li> <li>• Power bank</li> </ul> <p>You can leave your luggage at Kebnekaise, so if you want to bring an extra sweater for the final dinner, which works perfectly.</p>
Necessary ski equipment for the event is available for rent.	<ul style="list-style-type: none"> <li>• Touring skis with climbing skins (if you have skis but no skins, you can borrow them)</li> <li>• Touring ski boots</li> </ul>

## RISKS AND INSURANCE DURING STF ACTIVITY

Kebnekaise – Expedition Tour is an activity where guests travel through winter mountains. By participating in this activity, guests expose themselves to risks such as: cold, falls, and snowstorms, to name a few. The guide is trained in wilderness first aid and makes every effort to minimize any potential risks during the activity. Therefore, guests should be aware of what they

are exposing themselves to and we require that guests have the correct equipment as listed above and follow the guide's directives.

If you are a member of STF and participate in an activity organized by STF, you are covered by accident insurance that applies during the activity. The insurance also covers children in the company of a member up to and including the year the child turns 15, as well as leaders and hut wardens at STF.

Read more about accident insurance for STF activities [here](#)

## ABOUT THE AREA

The Kebnekaise high mountain area in the Kiruna mountains is one of Sweden's highest mountain regions. For over 100 years, people have sought to climb Kebnekaise. Today, the area is known for offering both difficult and challenging alpine adventures, as well as accessible tours for semi-beginners in an environment unlike any other mountain facility.

The mountain station is located in a roadless area and can be reached by a 19 km journey, either by skis or snowmobile. The starting point for your Kebnekaise adventure begins in Nikkaluokta, which is about a 1-hour drive or bus ride from Kiruna.

The guide office exists to offer you, as a guest, a fantastic adventure or to assist those who wish to go on their own, rent equipment, or get information about the area.

## HOW TO GET HERE

We recommend environmentally friendly travel. From Stockholm/Gothenburg, there are daily train departures to Kiruna and connecting buses to Nikkaluokta.

Nikkaluoktaexpressen serves both the Nikkaluokta station and the train station.  
<https://nikkaluoktaexpressen.se/>

Between Nikkaluokta and Kebnekaise, there is a winter trail of 19 km. You can book snowmobile transport via <http://nikkaluokta.com/>

For more detailed travel information, click [here](#)

Did you know that as an STF member, you get [a discount on SJ, Snälltåget and Norrtåg?](#)

## QUESTIONS

If you have any questions, feel free to write or call us.

STF Kebnekaise Fjällstation, Guide Office / Rental: [kebnekaise.sport@stfturist.se](mailto:kebnekaise.sport@stfturist.se)

Booking:

E-mail: [bokningen@stfturist.se](mailto:bokningen@stfturist.se)



SVENSKA  
TURISTFÖRENINGEN

# INFORMATION SHEET

Winter 2026

Kebnekaise - First winter tent tour

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