



Kebnekaise – Tent tour around Singi

Are you looking for a tent adventure beyond the usual trails? Do you want to join a group and learn what it takes to venture beyond the most trafficked routes? This tour invites you to explore Sweden's open mountain plains, where trails are rare and few hikers pass. Over four days (three nights), we'll discover the area around STF Singi cabin, learning about hiking, camping, and mountain safety.

TOUR INFORMATION	
Meeting point	STF Kebnekaise Mountain Station
Gathering (time/place)	Day 1 at 18:00, Guide Office, STF Kebnekaise Mountain Station
End (time/place)	Day 6 after breakfast on departure day, STF Kebnekaise Mountain Station
Participants (min/max)	Min 6 / Max 10
Minimum age	18 years
For whom	For those who want to hike beyond the usual trails and learn what it takes to plan similar summer adventures in this environment.

Experience	Good fitness level, able to stay active outdoors all day. Previous experience hiking in the Swedish mountains is recommended, along with some summer tenting experience.
INCLUDED IN THE PRICE	
Accommodation	Bed in a shared multi-bed room on the first and last night at STF Kebnekaise mountain station. Other nights are spent camping.
Meals	Full meal plan from dinner on arrival day to breakfast on departure day. Freeze-dried meals during tent days. If you or anyone in your group has allergies or special dietary needs, please inform us in advance at kebnekaise.sport@stfturist.se
Leader/Guide	Certified mountain guides
Other information	The program may change due to weather conditions or other unforeseen events. <i>Cancellation</i> Cancellations can be made up to 30 days before arrival, after which no refund is given. If the tour does not meet the minimum number of participants, it will be canceled at least 30 days prior.

TENTATIVE PROGRAM

Day 1: Arrival Day

Gather at 18:00 in the northern conference room. The guides will introduce themselves, go over information, and present the week's itinerary. Group equipment is distributed, and additional equipment needs can be arranged (please book in advance via kebnekaise.sport@stfturist.se if possible). The guides check essential gear like sleeping bags, sleeping pads, jackets, and thermoses—bring this gear to the introductory meeting. At 19:00, all participants have a group dinner.

Day 2, approx. 12km

The day starts with breakfast at Elsa's kitchen. Afterward, we pack our backpacks with the necessary equipment and food. Once we're ready, we hike to the shore of Jierttájávri, set up our tents, and enjoy a meal with views of Liddubákti's steep cliffside.

Day 3, approx. 17km

We begin with breakfast, then break camp and prepare for a 17km hike. The trail starts

downhill on a smaller path. After about 3km, we connect with the Kungsleden trail heading north past STF Singi cabin. After 5km on Kungsleden, we take smaller trails into Neasketvággi. The day ends with a steep ascent, and we set up camp near one of the larger lakes in the area. We review maps and compasses for the next day.

Day 4, approx. 17.5km

After morning routines, we prepare for another day in the mountains, practicing map and compass skills off the trails. We take turns navigating, eventually reaching the path between Hukejaure and Singi. We discuss stream crossing and other mountain safety techniques. The day concludes with a hike on a marked path, ending with a climb on the "shortcut" between Sälka and Kebnekaise. We camp at the top, where, if skies are clear, we can view the Milky Way.

Day 5, approx. 12.5km

After a hopefully restful night, we cook breakfast, break camp, and prepare for the return hike to Kebnekaise mountain station, where showers and a sauna await. The evening concludes with a group dinner and a review of the week.

Day 6

After breakfast, the week concludes.

EQUIPMENT	
Included equipment	• Tent (one per tent team) • Sleeping pad (basic closed-cell foam) • Stove (one per tent team) and fuel • Safety equipment (First Aid kit and wind shelter)
Recommended equipment	• Shell clothing (preferably unlined) • Hat (various types: a thinner one or a headband and a warmer one; having a separate hat to sleep in is advised) • At least two pairs of gloves (one lightweight for hiking and a warmer pair, plus a thin liner for extra warmth) • Base layers (two tops, one bottom; wool preferred) • One or two t-shirts (wool preferred) • Wool or synthetic socks (two or three pairs, with one thicker, warmer pair for the tent; wool preferred) • Insulated jacket, warm and roomy (down or synthetic) • Buff or "tube" (versatile for head, face, neck, and back protection) • Hiking pants and potentially shorts for warm weather • Fleece or other mid-layer • Sunglasses, sunscreen, and blister tape • Headlamp and extra batteries

	• Water bottle (minimum capacity of 1–1.5L) • Snacks of your choice • Cup and spork (food thermos is also an option)
Additional recommended items	• Down slippers, “camp slippers” • Thermal pants/shorts (down or synthetic) • Moisture barriers for feet, either purpose-made socks or a suitable plastic bag • Earplugs (helpful for sleeping if it’s windy) • Waterproof packing bags • Thermos • Power bank You can leave extra baggage at Kebnekaise, so bringing an additional sweater for the farewell dinner works perfectly.
Necessary equipment for the tour (available for rent)	• Hiking backpack, minimum 65L • Hiking boots. Boots must be rigid (the sole should not bend) and provide ankle support • Sleeping bag, minimum 3-season bag (comfort temperature of at least 0°C) • Personal inflatable sleeping pad with an R-value >3

RISKS AND INSURANCE DURING STF ACTIVITIES

The Kebnekaise - Tent tour around Singi involves traversing summer mountain terrain. By participating in this activity, guests are exposed to potential risks, including cold, falls, and adverse weather. The guide is trained in wilderness first aid and will do their utmost to minimize any potential risks during the tour. Guests should be aware of these risks and are required to have the necessary equipment listed above, as well as to follow the guide’s instructions.

As an STF member participating in an STF-organized activity, you are covered by accident insurance throughout the activity. This insurance also covers children up to age 15 who are accompanying a member, as well as STF leaders and cabin hosts.

[Read more about STF activity accident insurance here.](#)

ABOUT THE AREA

The high mountain area of Kebnekaise in the Kiruna mountains is one of Sweden's highest. For over 100 years, people have journeyed here to ascend Kebnekaise. Today, the area is known for both challenging alpine adventures and accessible tours for semi-beginners in an environment unlike any other mountain facility.

The mountain station is located in a roadless area, reachable by a 19km hike. Your Kebnekaise adventure begins in Nikkaluokta, about a one-hour drive or bus ride from Kiruna.

The guide office is here to offer you an incredible adventure or to assist those who wish to go independently, providing rental equipment and information about the area.

GETTING HERE

We recommend environmentally friendly travel. From Stockholm/Gothenburg, there are daily train departures to Kiruna with bus connections to Nikkaluokta.

The Nikkaluokta Express services both Nikkaluokta station and the train station.

<https://nikkaluoktaexpressen.se/>

The hike from Nikkaluokta to Kebnekaise is 19 km. *[For more detailed travel information, click here.](#)*

Did you know that as an STF member, you receive discounts with several major train companies?

QUESTIONS AND INQUIRIES?

If you have any questions, feel free to call or email us.

STF Kebnekaise Mountain Station, Guide Office

kebnekaise.sport@stfturist.se

Booking

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Phone: 010 190 23 60