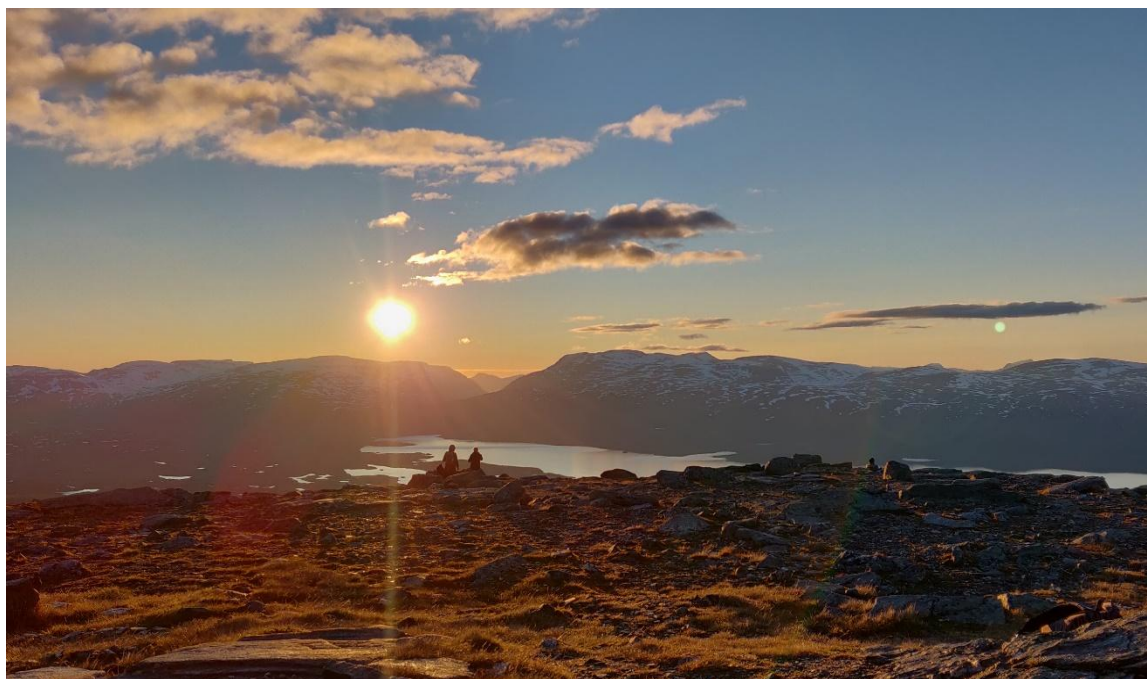




## ABISKO – MIDNIGHT SUN HIKE

**During the polar days, the sun never sets, and the midnight sun bathes the landscape in a golden glow during the nighttime hours. We take the cable car up the mountain, hike two kilometers to the summit of Nuolja, and enjoy nature's breathtaking beauty.**

The experience begins in the cable car, a serene evening ride that slowly and quietly takes you up the mountain. From the top of the chairlift, we continue on foot to reach Nuolja's summit. The hike is taken at a relaxed pace, with several stops along the way as the guide shares fascinating stories about Abisko's history and unique environment. At the summit, we enjoy sparkling wine, snacks, and – weather permitting – the golden glow of the midnight sun that never dips below the horizon. It's a magical moment where the sky and mountains blend seamlessly into a scene that can only be experienced here, north of the Arctic Circle. Shortly after midnight, we begin our descent back to the chairlift, where the tour concludes. You can choose to take the lift back down or linger a while longer to soak in the atmosphere.

| INFORMATION ABOUT THE EVENT |                                                                                                                                                                                          |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Meeting point               | STF Abisko Turiststation at 9:30 p.m.                                                                                                                                                    |
| Finale                      | At the top of the chairlift, last ride down departs at 1:30 a.m.                                                                                                                         |
| Minimum age                 | 12 years (in company of an adult)                                                                                                                                                        |
| Experience                  | No prior experience needed to join this tour                                                                                                                                             |
| Group size                  | Min 1/max 16                                                                                                                                                                             |
| INCLUDED IN THE PRICE       |                                                                                                                                                                                          |
| Transportation              | Return ticket in the chairlift                                                                                                                                                           |
| Snacks                      | Non-alcoholic bubble and a light snack is offered around midnight on the top of Mt. Nuolja                                                                                               |
| Guide                       | Mountain leader – certified according to the Swedish standard fjälledarnormen.                                                                                                           |
| Other                       | <p>The program can be changed due to challenging weather or other unforeseen events.</p> <p>Cancellation can be made up to 7 days before arrival, after that no refunds will be made</p> |

| PRELIMINARY PROGRAM                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>We meet at 9:30 PM at the entrance to Abisko Tourist Station. From there, we walk together to the base station of the cable car. The cable car consists of two-seater chairs, and during the calm ride up the mountain, we get to experience the sun slowly dipping towards the horizon, casting its soft light over the Abisko Alps and Lapporten.</p> <p>Once everyone has arrived at the top of the cable car, we continue together up to Nuolja's summit. Here, we enjoy the evening's light show with delicious snacks and fascinating stories about Abisko's history and surroundings.</p> <p>After midnight, we hike back to the cable car's top station where the tour ends. From here, you can choose to either conclude your evening and head down or stay a while longer on the mountain. The last chairlift down departs at 1:30 AM.</p> |

| EQUIPMENT      |                                                                                                                                         |
|----------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| What to bring: | <ul style="list-style-type: none"><li>• Warm clothes</li><li>• Rain clothes</li><li>• Good hiking shoes</li><li>• Sitting pad</li></ul> |

|                     |                                                                                                                                                                                                             |
|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Rental of equipment | <p>In our rental, you can rent most equipment for your mountain adventures <a href="#">Explore our full range of gear in the shop and rental section here</a></p> <p>STF Members receive a 15% discount</p> |
|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## INSURANCE DURING STF ACTIVITY

If you are a member of STF (Swedish Tourist Association) and participate in an activity organized by STF, you are covered by an accident insurance during the activity. The insurance also applies to children in the member's company until the child turns 15, leaders, and cabin hosts at STF.

[Read more about accident insurance during STF activities here.](#)

## ABOUT THE AREA

Abisko is located 250 km north of the Arctic Circle and attracts visitors from all over the world to experience the polar nights in winter, where the northern lights dance across the sky, and the endless light of the midnight sun in summer.

The tourist station is situated in one of Sweden's first national parks – Abisko National Park – and serves as the perfect starting point for those who want to stay comfortably while exploring the magnificent nature. To the south, the Kungsleden trail stretches between the iconic Lappporten – known as Čuonjavággi in Sami – and Mount Njulla on the other side. To the north, just before the Norwegian border, lies Scandinavia's largest alpine lake, Torneträsk.

From here, you can join guided tours, rent equipment, or get help planning your own adventure. With its unique combination of dramatic landscapes, accessible outdoor activities, polar phenomena, and biological diversity, Abisko is a place that inspires and touches the soul.

## FIND YOUR WAY HERE

The easiest way to travel to Abisko is by train, as the platform is located right outside the tourist station. Another option is to fly to Kiruna and continue by bus or train to Abisko.

[Here you can find directions and tips on how to travel to Abisko Tourist Station.](#)

## QUESTIONS AND CONCERNS

If you have any questions, feel free to call or write to us.

For bookings, email: [bokningen@stfturist.se](mailto:bokningen@stfturist.se), phone: +46 (0)10-190 23 60

For the facility, STF Abisko Tourist Station: [abisko@stfturist.se](mailto:abisko@stfturist.se), phone: +46 (0)10-190 24 00