



## ABISKO – Autumn hike

**Embark on an unforgettable autumn hike with our guide! Journey through a stunning landscape painted in vibrant reds, oranges, and yellows while learning about the area's rich nature, culture, and history. You might even find some berries to pick!**

Mountain hikers' favorite season: Autumn. Among golden birches and crisp air, we invite you to the Panorama Hike on Njulla, the area's best.

With a chairlift, we ascend for breathtaking views of the Abisko Alps. This 10 km tour is mostly downhill towards the dramatic Kårsavagge Valley, where you can glimpse glaciers. We pass babbling brooks and mossy resting spots. Here you might also spot hares and ptarmigans transforming for winter.

The hike continues through Abisko National Park, where golden birches and gnarled pines create a landscape filled with hidden treasures like lingonberries, blueberries, and cranberries. The tour concludes along the rushing waters of Abiskojåkka, a perfect end to a hike offering the ultimate mix of vast views, autumn forests, and babbling brooks. Join us on best hike of the autumn.

### INFORMATION ABOUT THE EVENT

Meeting point	STF Abisko Turiststation at 9.30 a.m.
Finale	STF Abisko Turiststation at 5.00 p.m.
Minimum age	12 years (in company of a guardian)
Experience	Hike at least 10 km in mountain terrain and mostly downhill, with a 500-meter descent.
Group size	Min 1 / max 12

### INCLUDED IN THE PRICE

Transportation	Chairlift ticket one way
Guide	Mountain leader – certified according to the Swedish standard fjälledarnormen.
Other	<p>The program can be changed due to challenging weather or other unforeseen events. If the chairlift doesn't go that day, the guide will suggest another hike or you will get full refund.</p> <p>Cancellation can be made up to 7 days before arrival, after that no refunds will be made</p>

### PRELIMINARY PROGRAM

We will meet at the entrance to the tourist station at 9:30 AM.

Afterward, we'll walk along the start of the Kungsleden trail toward the Njulla valley station. Here, we'll take the lift up to the mountain station and enjoy the fantastic views.

At the mountain station, we'll pass the Aurora Sky Station and then turn down toward the Kårsavagge valley, following the path for about 4 km. Most of the elevation descent happens along this section. Along the path, we'll look for the best lunch spot with the most beautiful mountain views over the Abisko Alps and Lapporten.

Down in the Kårsavagge valley at the trail intersection, we'll follow the path downhill along the stream Kårsajåkka until it merges with Abiskojäkkas, which will lead us back to the tourist station for about 6 km. We'll stop at the streams to refill our water and have a snack.

### EQUIPMENT

Obligatory equipment	<ul style="list-style-type: none"> <li>• Backpack for day hikes</li> <li>• Packed lunch</li> </ul>
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	<ul style="list-style-type: none"> <li>• Water bottle</li> <li>• Thermos/flask (for hot beverages)</li> <li>• Comfortable clothing</li> <li>• Hiking boots</li> <li>• Rain gear</li> <li>• Hat and gloves/mittens</li> </ul>
Nice to have	<ul style="list-style-type: none"> <li>• Sun protection</li> <li>• Plasters or tape for blister</li> <li>• Hiking poles</li> </ul>
Rental of equipment	<p>In our rental, you can rent most equipment for your mountain adventures <a href="#">Explore our full range of gear in the shop and rental section here</a></p> <p>STF Members receive a 15% discount</p>

### INSURANCE DURING STF ACTIVITY

If you participate in an activity organized by STF, you are covered by an accident insurance during the activity. The insurance also applies to children in the member's company until the child turns 15, leaders, and cabin hosts at STF.

[Read more about accident insurance during STF activities here.](#)

### ABOUT THE AREA

Abisko is located 250 km north of the Arctic Circle and attracts visitors from all over the world to experience the polar nights in winter, where the northern lights dance across the sky, and the endless light of the midnight sun in summer.

The tourist station is situated in one of Sweden's first national parks – Abisko National Park – and serves as the perfect starting point for those who want to stay comfortably while exploring the magnificent nature. To the south, the Kungsleden trail stretches between the iconic Lappporten – known as Čuonjavággi in Sami – and Mount Njulla on the other side. To the north, just before the Norwegian border, lies Scandinavia's largest alpine lake, Torneträsk. From here, you can join guided tours, rent equipment, or get help planning your own adventure. With its unique combination of dramatic landscapes, accessible outdoor activities, polar phenomena, and biological diversity, Abisko is a place that inspires and touches the soul.

### FIND YOUR WAY HERE

The easiest way to travel to Abisko is by train, as the platform is located right outside the tourist station.

Another option is to fly to Kiruna and continue by bus or train to Abisko.

[Here you can find directions and tips on how to travel to Abisko Tourist Station.](#)

### QUESTIONS AND CONCERNS

If you have any questions, feel free to call or write to us.

For bookings, email: [bokningen@stfturist.se](mailto:bokningen@stfturist.se), phone: +46 (0)10-190 23 60

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