



ABISKO – CLASSIC HIKES

Abisko is a hiker's paradise! Join us for a week filled with delightful day trips in the magnificent surroundings of Abisko. Each day takes us to a new destination, where a captivating experience awaits.

Surrounded by good company and a supportive guide, we hike through beautiful landscapes with vast, sweeping views, valleys with boulders as large as houses, and past historically significant areas with ancient sacrificial sites. We will hike along well-hiked trails and through less-visited areas.

It will be a week of exploring magnificent surrounding, combined with the luxury of each day returning to the warmth of the tourist station. Here, deliciously prepared dinners await, helping you recover and recharge for the upcoming days.

The grand finale of the week is a soothing session in the wood-fired sauna by Lake Torneträsk, perfect for sore feet and tired muscles. If you're feeling brave, take a dip in the lake and let the warmth of the sauna meet the icy, crystal-clear water. We end the evening with a three-course dinner at Restaurant Kungsleden.

INFORMATION ABOUT THE EVENT

Meeting point	STF Abisko Turiststation
First gathering	Arrival day at 5 pm in Abisko Turiststation
Finish	After breakfast on day 6
Participants	Min 4/max 8
Minimum age	16 years (in company of a guardian)
For whom?	For you who wants to discover the hidden gems of Abisko, but at the same time sleep comfortably and eat well at Abisko turiststation
Experience	You need to be able to walk comfortably in varied mountain terrain for up to 17 km. This includes both uphill and downhill sections, on well-trodden trails as well as off-trail and rocky surfaces.

INCLUDED IN THE PRICE

Accommodation	Accommodation in selected room type
Meals	A three-course dinner is included on the first and last night. Breakfast and lunch are included every day.
Transportation	Local transportation is included
Guide	Mountain leader – certified according to the Swedish standard fjälledarnormen.
Other	<p>The program can be changed due to challenging weather or other unforeseen events.</p> <p>Cancellation can be made up to 30 days before arrival, after that no refunds will be made.</p> <p>If the tour does not reach the minimum number of participants, it will be canceled 30 days before scheduled date</p>

PRELIMINARY PROGRAM

Day 1: Gathering at 5 PM, after the arrival of the late train. We welcome you, and the guide provides an overview of the upcoming week while answering any questions you may have. After the briefing, we enjoy a shared three-course dinner at Restaurant Kungsleden.

Day 2: The first hike takes us to the well-known destination of Geargejávri, located deep in the Kärkevaggi valley, also commonly known as Trollsjön (Troll Lake). This area holds significant geological value, shaped by powerful natural forces over thousands of years. The landscape is like something out of a fairytale, with towering cliffs enclosing the rugged boulder terrain, which transitions into a delta and blooming meadows.

Day 3: After breakfast, during which you prepare your packed lunch for the day, we take the cable car up to Nuolja. We make a short stop at STF Aurora Sky Station before

following the trail called "Glidaren" down toward the Kårsavagge valley. This hike is mostly downhill and offers magnificent views of the entire Abisko valley. Some sections may be slightly wet, and at one point, the descent becomes a bit steeper before we reach the valley floor. The diverse flora transitions from alpine tundra to lush birch forest, with the trail winding along the stream back to the tourist station.

Day 4: Today, we lace up our hiking boots and head towards Sweden's highest mountain station – Låktatjåkk! After a short bus ride, we begin our hike of approximately 9 km and 750 meters of elevation gain one way. Once at the top, you can reward yourself with the famous "Låktawaffle" before we hike back down again.

Day 5: For today's hike you need to pack a full lunch pack at breakfast. We once again take the cable car up to Nuolja, then hike to the summit, offering spectacular panoramic views in every direction. From there, we traverse off-trail toward the path that leads down to Björkliden. The terrain is partly unmarked and steep, but we take our time and enjoy the stunning views. We follow the stream, Kåppasjökk down to Björkliden, where a car awaits to take us back.

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Day 6: The week ends after breakfast.

EQUIPMENT	
Recommended equipment	<ul style="list-style-type: none"> • Hiking boots • Backpack for day hikes, 20-40 l • Base layer sweater and pants • Warm sweater or light jacket for breaks • Hiking pants • Waterproof jacket • Sunglasses • Cap/sun hat • Sunscreen • Thermos • Sitting pad • Cup and cutlery
Nice to have	<ul style="list-style-type: none"> • Shorts and t-shirt if the weather looks promising • Indoor slippers • Towel and swimsuit • Binoculars • Camera

	<ul style="list-style-type: none"> • Hiking poles
Rental of equipment	<p>In our rental, you can rent most equipment for your mountain adventures Explore our full range of gear in the shop and rental section here</p> <p>STF Members receive a 15% discount</p>

INSURANCE DURING STF ACTIVITY

If you are a member of STF (Swedish Tourist Association) and participate in an activity organized by STF, you are covered by an accident insurance during the activity. The insurance also applies to children in the member's company until the child turns 15, leaders, and cabin hosts at STF.

[Read more about accident insurance during STF activities here.](#)

ABOUT THE AREA

Abisko is located 250 km north of the Arctic Circle and attracts visitors from all over the world to experience the polar nights in winter, where the northern lights dance across the sky, and the endless light of the midnight sun in summer.

The tourist station is situated in one of Sweden's first national parks – Abisko National Park – and serves as the perfect starting point for those who want to stay comfortably while exploring the magnificent nature. To the south, the Kungsleden trail stretches between the iconic Lapporten – known as Čuonjavággi in Sami – and Mount Njulla on the other side. To the north, just before the Norwegian border, lies Scandinavia's largest alpine lake, Torneträsk.

From here, you can join guided tours, rent equipment, or get help planning your own adventure. With its unique combination of dramatic landscapes, accessible outdoor activities, polar phenomena, and biological diversity, Abisko is a place that inspires and touches the soul.

FIND YOUR WAY HERE

The easiest way to travel to Abisko is by train, as the platform is located right outside the tourist station.

Another option is to fly to Kiruna and continue by bus or train to Abisko.

[Here you can find directions and tips on how to travel to Abisko Tourist Station.](#)

QUESTIONS AND CONCERNS

If you have any questions, feel free to call or write to us.

For bookings, email: bokningen@stfturist.se, phone: +46 (0)10-190 23 60

For the facility, STF Abisko Tourist Station: abisko@stfturist.se, phone: +46 (0)10-190 24 00